

### **Rector's Column**

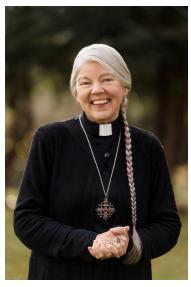
"May the God of hope fill you with all joy and peace in believing, so that you may abound in hope by the power of the Holy Spirit."

Romans 13:15

Dear Friends.

The month of April holds some of the most moving and inspiring liturgies of the church year within the worship services of Holy Week. Each service of Holy Week, beginning with Palm Sunday on April 13th to Easter Sunday on April 20th, we walk with Christ through the journey and mysteries of his final days of mortal life to the transformative power of Creation as signified for us in the resurrection of Christ.

**Palm Sunday** (4/13, 8:00am and 10:00am services) tells the story of the sociopolitical forces that set the scene for Jesus' triumphal entry into Jerusalem, an event that is a peaceful yet powerful commentary and counterpoint to the violence and oppression of the occupying forces of the Roman Empire. The boldness of Jesus's followers is inspired by their hope and passion for justice in the face of seemingly insurmountable forces of corruption in leadership and governance. They literally take to the streets and head for the



place representing the collusion of certain leaders of their faith tradition with the forces of empire. Having arrived at the Temple, Jesus's action of overturning the table of the moneychangers foreshadows an ultimate overturning of unjust and immoral systems.

**Holy Wednesday** (4/16, 8:00pm) at Trinity highlights the service of **Tenebrae**, a Latin word meaning "darkness" or "shadows". The gradual extinguishing of candles and light symbolizes the darkness and despair surrounding Christ's suffering and death, culminating in the darkness of his burial and seeming finality of sealing his tomb. When darkness is total, a loud noise (known as the "strepitus" reminds us of our very real human fears. Yet, even within dark times, our faith is revealed as a small flame within each of us that has the power to illuminate The Way forward.

**Maundy Thursday** (4/17, 7:00pm) is the first day of the **Triduum** (the Three Great Days leading to Easter Sunday). The word "Maundy" is derived from the Latin word "mandatum" meaning "command", referring to Jesus' imperative to his followers that they "Love one another as I have loved you". The setting is the Last Supper or the final celebration of Passover that Jesus shares with those gathered. The service includes the ritual washing of feet (or hands) in commemoration of Jesus' example of humility and love for his people. We are provided the opportunity to do the same for one another. Lastly, the service concludes with the solemn removal of all symbols, elements, and most furnishings from the altar area and sanctuary. Also referred to as "the stripping of the altar", these actions symbolize the abandonment of Jesus by his disciples and the stripping of Jesus by the soldiers before his crucifixion. Representing the humiliation of Jesus and the consequences of turning away from God, we are reminded that repentance is the essential spiritual preparation for new life.

(Continued on the next page)

# Rector's Column (continued)

Good Friday (4/18, 7:30pm) is a solemn Christian holy day commemorating the crucifixion of Jesus and telling the story of that pivotal moment within our faith tradition. Mary, the Mother of God (in Greek referred to as the "Theotokos" meaning "God bearer") holds the body of her dead son within her arms and laments as only a parent can. The service includes the Veneration of the Cross as well as an opportunity to participate in a contemplative "Rite of Tears" featuring an icon of "Christ in Repose" depicting Jesus' body in the tomb. The actions of this service remind us to be deeply aware of "the shortness and uncertainty of human life" and that each of us will return to the earth from which we are made. Yet, in the words of the Burial of the Dead, we pray to God that "when we shall have served you in our generation, we may be gathered to our ancestors, having the testimony of a good conscience, in the communion of the catholic Church, in the confidence of a certain faith, in the comfort of a religious and holy hope, in favor with you, our God, and in perfect charity with the world" (BCP p. 504).

The Great Vigil of Easter (4/19, 7:30pm) is one of the earliest rites of the church and historically was the time when new members were baptized. The service includes a series of scriptural readings as an account of our salvation history, illuminating the generational heritage of Judeo-Christian faith and how we understand culmination of this history in Jesus Christ, the Messiah. A significant aspect of this service is the lighting and blessing of a sacred fire that in turn is used to light a new Pascal candle representing the resurrected Christ and that will be used throughout the coming liturgical year in the services of our church until next year's Holy Week. This service transforms the sanctuary from the tomb experience to the experience of the garden of resurrection", the New Creation in which we are to live in community as the Body of Christ. The cycle of life begins anew in this life, even as we anticipate the joy of Easter Sunday, an event that celebrates the promise of eternal life to come.

**Easter Sunday** (4/20, 8:00am & 10:00am) is a major feast day of Christian tradition celebrating the resurrection of Christ. Celebrated in the morning hours (often at sunrise), services held this day are filled with joyful music, colorful flowers decorating the altar area, and an Easter egg hunt for children following the 10:00am service. The coffee hours after each service provide a potluck brunch, and all who can are encouraged to bring favorite breakfast side dishes to share. After the emotional journey of Holy Week and some of the most foundational and intense teachings of our faith, the celebration of Easter Day is welcomed as the sun after long, dreary days. The Light of Christ ignited during the Great Vigil symbolizes the light of love that is to burn in our hearts – a love for God that inspires us to do the work given us to do, a love for one another that fulfills the command of Jesus to his disciples, and a love for ourselves that respects and cares for the unique creation that God has brought into being in us. Through us, the ministry of Christ continues the work of transformation in a world in deep need of the enlightenment, healing, and justice that only love can bring.

#### Two additional opportunities during Holy Week include:

**Stations of the Cross** (4/18, 12:00pm Noon) - If you have read this far then you may be asking, "Will there be Stations of the Cross during Holy Week?" The answer is absolutely, yes! Fr. Allen Hicks and I will present an opportunity for Stations of the Cross on Good Friday in Rogers Hall. This special service is intended to limit the need for participants to walk or stand for long periods of time out of consideration to those participants who may experience mobility challenges. A highly reflective service, each station considers historical and contemporary issues that relate to the theme of each. The One who was and is and is to come is remembered, seen, and informs our responses to injustice and hatred in our time.

(Continued on the next page)

# Rector's Column (continued)

Indigenous Rite of Blessing & Healing (4/15, 1:00pm – 4:00pm) – On Tuesday of Holy Week, I will offer rites of blessing and healing from my Indigenous tradition, Shackan First Nation. This is the first time that I have ever offered this to members of Trinity, so it is essential that anyone interested to participate abide by the following requirements. Firstly, this is s private rite for individuals, one person at a time, which cannot be interrupted for any reason. Secondly, participants must preschedule a 15 minute timeslot through the Church Office. Thirdly, due to the spiritual preparations that I must undergo prior to providing the rites on Tuesday, this is the only day and time period that I will offer this rite during Holy Week. Finally, in order for members to approach the rite in a good way, participants must NOT consume alcohol or narcotics (that are not prescribed) during the 72 hour time period prior to the rite. Further, participants may not ask me any questions about the rite during their time in the rite – this is NOT a time for cross-cultural education; rather it is a time to focus one's individual spiritual wellness and personal spiritual journey in life. Receive the blessing for what it is.

In Christ's Peace,
Pastor Rachel
The Rev. Rachel Taber-Hamilton, Rector





# Schedule of Services

Sundays
8:00 AM
Spoken Rite 1-Eucharist Service
In Person and Live Streamed

10:00 AM Spoken Rite II-Eucharist Service In Person and Live Streamed

**Trinity's YouTube Page** 

**Trinity's Website** 

**Trinity's Donation Page** 

TABLE OF CONTENTS

The Rector's Column

**April Events** 

**Treasurer's Report** 

**Camp Huston** 

**Music Ministry Report** 

**Endowment Funds Report** 

**Altar Guild Report** 

**Prayer Shawl Ministry Report** 

**Trinity Leadership** 

**Birthdays & Anniversaries** 

**Trinity's Core Values** 

**Contact Us** 







# April 2025:

Thursday, April 3, 2025: Endowment Committee Meeting at 1 PM

Saturday, April 5, 2025: Prayer Shawl Ministry at 10 AM

Sunday, April 6, 2025:

Lent 5 at 8 & 10 AM

Altar Guild meeting at Noon

Thursday, April 10, 2025: Washington Oakes Service at 1 PM Saturday, April 12, 2025: Altar Guild Brass cleaning at 9 AM

Sunday, April 13, 2025: Palm Sunday at 8 & 10 AM

Wednesday, April 16, 2025: Tenebrae service at 8 PM

Thursday, April 17, 2025: Maundy Thursday service at 7 PM

Friday, April 18, 2025:

**Stations of the Cross at Noon** 

Good Friday service at 7:30 PM

Saturday, April 19, 2025:

Musicians' rehearsal from 10 AM to 1 PM

Easter Vigil service at 7:30 PM

**Sunday, April 20, 2025:** 

Easter Day services at 8 & 10 AM

Easter Egg Hunt at 11:30 AM

Monday & Tuesday, April 21, 22, 2025: Church Office closed for Holiday

Thursday, April 24, 2025: Washington Oakes service at 1 PM

**Sunday, April 27, 2025:** 

Easter 1 at 8 & 10 AM

**Vestry meeting at Noon** 

Evensong at Trinity at 5 PM (rehearsal at 3:30 PM)

#### Greetings Fellow Parishioners,



Asset collection is sometimes viewed as a magic formula for investing. It is not magic, but it does involve math. It is the process of building a portfolio out of a specific combination of assets, equities or stocks, fixed income investments or bonds, and cash, with the goal of achieving an optimal risk/return profile.

Think of asset allocation as the practical implementation of diversification, which is a strategy to reduce risk. The amount allocated to one asset type or another will look different for different investors. This depends on each person's risk and return objectives, time horizons, and unique constraints. These can have different impacts across asset types, and the resulting portfolio will depend on the inputs, investments, and risk strategy used.

The Endowment Committee oversees the assets of mutual funds, certificates of deposit, and cash. Here, asset allocation considers historical data, market volatility, interest rates, current fiscal policy, and economic principles. It is challenging to forecast expected returns, given uncertainty and all the variables in the market and world politics. Yet it is important to make the best decisions we can as investors based on the information we have.

The accounting department looks after the short-term financial assets and money needs. Asset allocation consists of money market checking, saving accounts, credit cards, the operating checking account, or cash.

A key benefit of asset allocation is that it forces discipline. Periodically reviewing your portfolio and rebalancing if needed helps you meet your long-term financial goals and peace of mind. The Endowment Committee will look at their investments every three months. The accounting department reviews the checking accounts weekly to ensure there is funding to pay the expenses.

Now let us think about your religious asset portfolio. The church calendar gives us two good times for a religious life review: Lent and Advent. During Advent we prepare for the coming of the Son of God. Jesus showed us, by example, how to honor God in our daily lives. During the forty days of Lent, we prepare for the Resurrection and Ascension of Christ. Both Lent and Advent should be a time of prayer and reflection on our religious life choices.

A reflection on your religious asset portfolio might be thought of in terms of its relation to the Cycle of Blessings. The six Holy Currencies: Money, Gracious Leadership, Relationship, Truth, Wellness, and Time and Place make a good review list to work from.

(Continued on next page)

Money: Do you just tithe or do you prayerfully consider what you return to God for all he has given to you.

<u>Gracious Leadership</u>: Lead by example a life based on the Way of Love: practices for a Jesus centered life. Share your faith and unselfishly give and share with others. Gather together to lift up the spirit instead of lording power over each other.

<u>Relationships:</u> The building blocks of respect among God's diverse human beings. Recognizing humans are God's children; offering one another our best in humility.

<u>Truth:</u> Serving others honestly and openly. Respecting the unity and diversity of every human being by resisting the use of religion for unjust systems. Providing hope for our common future as stewards of the earth.

Wellness: Prayer for balance physically, mentally, and spiritually.

<u>Time and Place:</u> is the giving of your gifts and talents. God has bestowed upon each of us much, and in return He has tasked us with the stewardship of the earth, plants, animals, and our fellow human beings.

THIS is the vision; it is not about the beautiful churches; it is not about only attendance at Sunday morning services, but a vision of daily following the way of God that is available to all humans who share in God's image. In Christianity, our baptismal identity joins together the daily work of each individual's spiritual portfolio and the balance of the six Holy Currencies.

Peace be with you, Jarman Minar, Treasurer





#### Memorial Day Weekend at Huston Saturday-Monday, May 24-26, 2025

Let Huston Camp & Conference Center be a launch pad for your Memorial Day weekend. Looking for a meditative weekend in the woods along a river? Or a home-base for your own fun with family or friends? Itchin' to get out on the trails at Huston and Wallace Falls State Park? We'll provide Huston hospitality: cozy rooms, yummy food and a beautiful location. You create your own agenda of fun, adventure and memories. Come and go as you desire throughout the weekend.

Check-in is available as early as 9AM Saturday. Final check-out is 11AM Monday. Meal service begins with Lunch on Saturday (12:30pm) and ends with Breakfast on Sunday (8:00am).

Stay for one night or two. Come just for the day (either Saturday or Sunday). Flat rates are the same for Upper or Lower Camp. Half price rates for children 3-11. (Minors must be accompanied by an adult.)

To register use QR code, or go to www.huston.org/events



Call or Email: 360-793-0441 | info@huston.org

Financial Secretary



# "And he shall reign forever and ever. Hallelujah!" A few notes from the Music Director

April, 2025

With all the trying political, social, and spiritual conflict in our world these days, I am especially grateful for the opportunities provided in Episcopal tradition, linked through time and tradition to our Hebrew roots.

Holy Week and Easter is a profound and blessed time of the year, despite the physical and emotional demands of the many services. The richness of the scriptures, liturgical movement, dedicated silence and profound music can only serve to bring us closer to our loving God whose Son gave his all for us and showed us the way. If you haven't experienced Tenebrae in a while, perhaps this would be a good year to attend. You may sit, absorb, meditate, ponder.

I feel bad for the people who miss out on the "total experience" of the feast by missing the **Triduum** (Maundy Thursday, Good Friday, and Easter Vigil.) This "3 for the price of 1" event is magnificent, and touches the core of everything we believe, in beautiful images and ritual expression. Just as in our families, we sometimes need to turn off the TV, etc., to spend quality time in conversation with loved ones. It's important. So, why not give the Triduum (Maundy Thursday, Good Friday, and Saturday, a try? If night driving is a challenge, why not ask for a ride?

Good Friday will have a special string quintet, including a new arrangement of Samuel Barber's Adagio for Strings during the Veneration of the Cross. It can be a gut wrenching experience for many... and an incredible spiritual uplift at the same time/

This Easter Sunday, to culminate our choir's immersion in Handel's *MESSIAH* (after our December performance in New York), we will sing two of the famous choruses to celebrater the Resurrection. "Worthy is the Lamb" and "Hallelujah Chorus" will be accompanied by a chamber orchestra from the Everett Philharmonic, complete with trumpets and kettle drums.

If all goes well, we will once again be blessed with musical assistance from Maestro David di Fiore, professor of music at the Catholic University in the Catholic University in Ruzomberok, Slovak Republic, where, in addition to frequent performance engagements all over Europe, teaches choral conducting and all things related to the organ. All of this is made possible by the dedication and talent of our wonderful choristers, and the financial support of so many of our parish family.

Please come and immerse yourself in the total Easter experience!

Ideas? Comments? Want to get involved in music? Please contact David Spring, 206-261-0873, <u>davidrspring@icloud.com</u>.

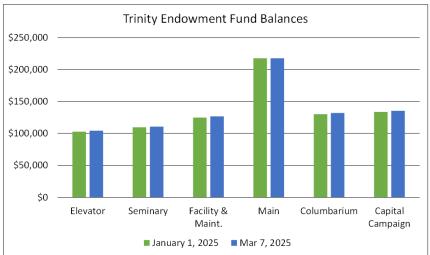


The total balance of the Trinity endowment funds on March 7, 2025 was \$826,572, up from \$818,494 on January 1, 2025 and up from \$775,067 on January 1, 2024. The total balance in the endowment funds as of March 7, 2025 is 1.0% higher than on January 1, 2025 and 6.6% higher than on January 1, 2024. The total return on the endowment fund portfolio, prior to withdrawals by the church and payment of investment fees, was 1.15% so far in 2025. As a comparison, the S&P 500 Index has decreased 1.9% this year through March 7, 2025.

So far in 2025, \$2,925 has been withdrawn from the endowment funds for use by the church, all from the Main Endowment Fund. Approximately 5% of the Main Endowment Fund balance is contributed to Trinity's operating fund each year, on a quarterly basis, and up to \$9,000 can be withdrawn annually from the Facilities & Maintenance Fund for facility maintenance and improvement expenses. According to the Endowment Committee Bylaws, certain amounts can be withdrawn annually from the endowment funds for various purposes.

As of March 7, 2025, there was \$135,501 in the Capital Campaign Endowment Fund. This is only a portion of the total funds retained from the recent capital campaign. In addition to the amount in the Capital Campaign Endowment Fund, \$256,702 was held in the Capital Campaign checking account as of March 7, 2025.

The amounts in the endowment funds are invested with UBS Financial Services, Inc., and our UBS financial advisor is in Everett. A combination of equities (40%), fixed income (39%), other investments (19%) and cash (2%) make up the investments for our funds. The overall investment strategy is considered "Moderate" risk by UBS. The total balances in the endowment funds on January 1, 2025 and March 7, 2025 are shown in the following chart:



The Endowment Committee will hold its next quarterly meeting with the UBS financial advisor on April 3rd at 1:00 PM to review the status of the endowment funds and determine if any changes should be made in the investment strategy. An important action in the meeting is to specify the expected withdrawals from the endowment funds over the next three to six months to assure that sufficient cash balances, as opposed to invested funds, are available to provide the withdrawal amounts.

If you would like more information or if you would like to make direct contributions to any of the endowment funds, contact any of the members of the Endowment Committee: John Heberling (Chair), Betts Bell (Recording Secretary), Linda Gabourel, Betsey Mullen, and Allan Elenbaas. Lorraine Dietel (Vestry representative), Jarman Minar (Trinity Treasurer) and Pastor Rachel (Rector) are non-voting members of the Endowment Committee.

rinig, Chan
****************

John Heberling Chair



#### Dear Trinity Family,

This April is a busy and exciting time for the altar guild as we prepare for Palm Sunday, Holy Week, and Easter. A traditional part of our Easter preparation is brass cleaning. Please join us April 12th at 9 AM in Roger's Hall. Supplies are provided and altar guild members will assist. We appreciate your helpful hands to beautify our brass pieces.

Palm Sunday is a joyful change from the somberness of lent. The purple hangings are changed to red and palm fronds are waved as Hosannas are sung.

The Holy Week services start with Tenebrae and its many candles. On Maundy Thursday the Altar Guild assists with foot washing as the Last Supper is commemorated. For Good Friday, we have the opportunity to venerate the cross. The icon of Christ in repose is placed in the Mary Chapel. The gospel reading of the crucifixion is presented by Trinity members as a drama. These services are rich with symbolism and opportunities for spiritual reflection.

uring the Easter Vigil the church is dimly lit and encourages contemplation as the beautiful scriptures of the history of creation are read. The new pascal candle is lit. As the Easter dawn brightens, one sees the White altar hangings and flowers signifying the joy of the resurrection. Once again Alleluias are said and sung.

Submitted by Julia Vander Vegt, Altar guild member.



KNIT. CROCHET. PRAY.

The Prayer Shawl Ministry met March 1 for our monthly meeting. We knit shawls of various sizes and pocket prayer shawls which are blessed and offered to anyone. We knit hats for the Episcopal Ministry to Seafarers located on Harbor Island in Seattle specifically for their Christmas ditty bag project. A ditty bag is a sturdy cloth bag filled with essential toiletries, small gifts and a hand-knit hat given as a Christmas gift to seafarers who come into the facility at Christmastime. Child-size hats that we knit go to needy children. This year we found eager recipients for these at the Assistance League of Everett who outfit children with suitable school clothing and school supplies to begin each school year. They were delighted with the hats offered to them this year for that purpose. We have 26 shawls available in the Guild Room closet presently. If you need one for yourself or someone you know, Pastor Rachel, Father Hicks, Dianne McCormack or I can let you in the closet to pick one out. We meet each month on the first Saturday at 10 am in the Guild Room whenever possible. Our next meeting will be on April 5. All are welcome!

Barb Linvog, chairperson

# Leadership Team

#### **Vestry**

Eileen Bernat (class of 2025) Bill Walker (class of 2025) Richard McGee (class of 2025) Joe Rochon (class of 2025)

Vacant Position (class of 2026) Lorraine Dietel (class of 2026) Debi Schmidt (class of 2026) Michelle Wheeler (class of 2026) - SENIOR WARDEN

Michael Hensley (class of 2027) - JUNIOR WARDEN Matthew Jones (class of 2027) Tom Munyon (class of 2027) Rachael Olsen (class of 2027)

#### **Diocesan Convention Delegates and Alternates 2025**

Diocesan Convention 2025: Diocesan Convention will be held on Zoom only on Saturday, October 25, 2025.

#### **Convention Delegates**

Jerry Carson (class of 2025) Carolyn Carson (class of 2025) Joe Rochon (class of 2026) David Spring (class of 2026)

#### **Convention Alternates**

John Heberling (class of 2025) Betsey Mullen (class of 2025) Troy Andrews (class of 2026) Linda Gabourel (class of 2026)

#### **Endowment Committee Members**

John Heberling, Chair (2023-2025) Betts Bell (2023-2025) Linda Gabourel (2024-2026) Betsey Mullen (2025-2027 Allan Elenbaas (2025-2027)



### **April Birthdays:**

JJ Nason, Jr.	4/8
Roxanne Olason	4/9
Eileen Bernat	4/9
Jason Baker	4/9
Clara Boyett	4/12
Blu Turner	4/13
Gwen Gentry	4/14
Sue Hayden-Brown	4/16
Re. Dr. Walter Knowles	4/16
Doug Lathom	4/16
Cedar Baker	4/17 (17)
Duff Mason	4/20
Barbara Linvog	4/21
Dennis LeMaster	4/22
Bob Moore	4/26
Viggo Bauer	4/26 (14)
John Palmer	4/28
Jeffrey Miller	4/28
David Cunningham	4/30
Oscar Andrews	4/30 (3)

### **April Anniversaries:**

Dennis & Kathleen LeMaster	4/4 (64 years)
David & Adele Erbeck	4/5 (55 years)
Derrick & Rachael Olsen	4/13 (13 years)
Dustin & Dantzel Cenatiempo	4/26 (17 years)
CJ & Blu Turner	4/26 (51 years)

# Our Core Values

(Vestry Retreat 2016)





# CONTACT US

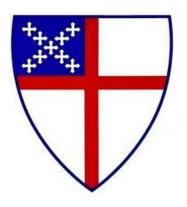
**Email Parish Administrator** 

**Email Director of Music** 

**Email Rector** 

**Trinity Website** 

**Trinity Donation Page** 



# BACK TO TOP