

Rector's Column

It is you who light my lamp; the Lord, my God, lights up my darkness. Psalm 18:28

Dear Friends,

I hope that the seasons of Christmas and Epiphany bring a happy beginning to your New Year. More than a commemorative Christmas carol, the origin of season of twelve days of Christmas goes back to a series of religious feast days celebrated as part of the Roman Catholic religion in medieval and Tudor England. Starting on Christmas Day, there were 12 days of religious celebrations, feasting and entertainments that lasted all the way up to 5 January followed by the celebration of Epiphany on January 6.

The twelfth day of Christmas was known as Twelfth Night. It marked the night before the feast of the Epiphany, the coming of the wise men to visit the infant Christ in Bethlehem. Twelfth Night signaled the last evening before the final day of the Christmas season, and people celebrated it with great feasts, games and plays. At the Tudor court, there were masques (plays) and huge banquets. Included in the feast was a Twelfth Night cake. It was a huge fruitcake, tasting a bit like a giant brioche (French pastry), and was baked with a coin or dried



bean hidden in the mixture on each half of the cake. Men and women took slices from opposite sides of the cake, and whoever found the bean or coin in their piece became the king or queen of the Twelfth Night feast. It was their job to host the evening's entertainment, of singing, dancing and games.

The next day, people celebrated the final feast of Christmas – the Epiphany. After church services, they ate roasted lamb, and Epiphany tart (a giant jam tart made in the shape of a star). While people left up their decorations until Candlemas on 2 February, the twelve days of Christmas and the three weeks of Epiphany were over for another year.

Candlemas, also known as the Feast of the Presentation, is a Christian feast day commemorating the presentation of Jesus at the Temple by Joseph and Mary. It is based upon the account of the presentation of Jesus in Luke 2:22–40. According to the Hebrew rules in Leviticus 12, a woman was to be purified by presenting a lamb as a burnt offering, and either a young pigeon or dove as sin offering 33 days after a boy's circumcision. The feast falls on 2 February, which is traditionally the 40th day of and the conclusion of the Christmas–Epiphany season. This mirrors the 40 days of the season of Lent that then follows.

The Feast of the Presentation or Purification is one of the oldest feasts of the church. The pilgrim Egeria recorded how it was celebrated in Jerusalem in the 380's AD. In her travel journal, Egeria wrote:

But certainly the Feast of the Purification is celebrated here with the greatest honour. On this day there is a procession to the Anastasis; all go in procession, and all things are done in order with great joy, just as at Easter. All the priests preach, and also the bishop, always treating of that passage of the Gospel where, on the fortieth day, Joseph and Mary brought the Lord into the Temple, and Simeon and Anna the prophetess, the daughter of Famuhel, saw Him, and of the words which they said when they saw the Lord, and of the offerings which the parents presented. And when all things have been celebrated in order as is customary, the sacrament is administered, and so the people are dismissed.

Now, I know some people may have taken down their Christmas decorations immediately after Christmas Day, but that is more along the lines of a secular celebration. Rather, the Episcopal tradition follows the influence of Tudor England maintained by Henry VIII and his daughter Elizabeth I who oversaw the development of a uniquely Anglican faith that combined aspects of both Catholicism and Calvinism into a "Middle Way" of belief and expression. In this New Year, I want to provide opportunities for Trinity to reconnect with our heritage and traditions and to become evermore grounded in our identity as a faith tradition and as a church.

As part of connecting with the Anglican identity and Episcopal traditions, our Sunday services on February 2 – the Feast of the Presentation or Candlemas – will include the blessing of candles, a custom that celebrates the light of Jesus Christ. The blessing is often accompanied by a prayer that asks God to sanctify the candles with the light of his grace and to enlighten the hearts of those who use them. On Candlemas, it is customary to bless church candles that will be used during the liturgical year, as well as candles for the congregation to take home.

On February 2, anyone or any household that would like to have candles blessed for use in the home to gift to others throughout the year, are encouraged to bring (new/unused) candles for blessing at our 8:00am or 10:00am services. For those unable to attend services in person, candles for blessing can be dropped off at the church office during normal business hours before the weekend of February 2. Just be certain to leave your name and contact information with any candles you may deliver so that we can be sure to get them back to you after the 2nd.

St. Symeon the New Theologian (949-1022) offers a beautiful and insightful reflection on lighting the candles blessed during Candlemas:

The candles which you light reveal to you the intelligible light. Just as the church, that house of great beauty, is full of light from many candles, so the house of your soul, which is more precious than that church, should be illumined and full of light in a noetic sense – that is to say, that within you all the spiritual virtues should burn with divine fire... The multitude of burning lamps signify the illumined thoughts which should shine within you like lamps, so that there should be no dark thought in the house of your soul, but that all should be aflame and shining with the light of the Holy spirit.

St. Anselm (1033-1109), Archbishop of Canterbury, speaking about the mystery of the Feast of the Presentation, invites us to consider three aspects of the blessed candles. He says, "The wax of the candles signifies the unblemished flesh of the Divine Infant, the wick figures His soul, and the flame His divinity."

Marking the halfway point between the Winter Solstice (December 21) and Spring Solstice (March 21), Candlemas/The Feast of the Presentation celebrates the returning light of spring. So, bring your candles and your children to services on February 2, when both the candles and all children will receive special blessings that day as we strive to walk in the light of God as a community of faith.

In Christ's Peace, Pastor Rachel+

The Rev. Rachel Taber-Hamilton, Rector



From Father Allen Hicks

Happy New Year!!

It is with a degree of unbelief that I welcome 2025. Apparently I must be getting older because the years are flying by. That being said, what we have before us now is an untainted and blank canvas upon which we can live our lives this year. The possibilities are endless, and it is up to each of you individually as to what you will put on your canvas. Will it be a sweeping landscape capturing all that is out there that captures your eye? Will it be more of a self-portrait, concentrating more on yourself, capturing the inner essence of who you really are? Self-discovery at its finest, expressing to the world just who you are. Perhaps your canvas will be filled with all sorts of doodles and scribbles and curvy lines exposing the breadth and width of your soul, knowing that you are free and unrestrained by convention and open to everything life has available to you. Maybe what you will paint will be a weird abstract view of the world, from your perspective, knowing that all views are open and welcoming and nothing or no one is to be viewed as 'wrong'.

This is what life is. We all bring our different perspectives and views and opinions to the table and that is a very good thing. There is no 'right' or 'wrong' way. The more you live, the longer you live, the more you understand that many times universal truths, aren't. Be open to finding and expressing to the world just who you are. Life can be hard and can burden you down with too much dead weight that you don't have to carry any longer. That kid in grade school who said you weren't good enough to do something? Guess what. That statement means nothing now other than it has eroded you confidence for way too long. Time to set it aside. What else are we carrying that we can now discard and move on? Too many times we have let others determine who we are because of their hateful and disrespectful words. No more.

Let us resolve this year to truly be the best person we are supposed to be. To quote a former First Lady, "When they go low, we go high". This I how we live our lives: with respect, with honor, and love for all – because everyone you meet is a brother or sister and is sacred. Ours is the God of Love.

I look forward to working with you in this new year.

Thanks Be to God, Fr. Allen



Schedule of Services

Sundays
8:00 AM
Spoken Rite 1-Eucharist Service
In Person and Live Streamed

10:00 AM Spoken Rite II-Eucharist Service In Person and Live Streamed

Trinity's YouTube Page

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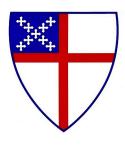
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January 2025:

Wednesday, January 1, 2025: New Year's Day Holiday

Thursday, January 2, 2025:

January Chimes articles due

Church Office open January 2nd & 3rd

Saturday, January 4, 2025: Prayer Shawl ministry at 10 AM

Sunday, January 5, 2025:

Epiphany at 8 & 10 AM

De-greening of the Church after the 10 A M service

Thursday, January 9, 2025: Washington Oakes service at 1 PM

Sunday, January 12, 2025:

Baptism of Christ at 8 & 10 AM

Altar Guild meeting at Noon

Thursday, January 16, 2025: Business Group Zoom meeting at 4:30 PM

Sunday, January 19, 2025:

2nd Sunday after the Epiphany at 8 & 10 AM

Vestry meeting at Noon

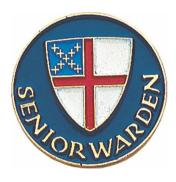
Monday, January 20, 2025: MLK Holiday

Tuesday, January 21, 2025: Church Office closed for Holiday

Wednesday, January 22, 2025: Annual Reports due to Church Office

Thursday, January 23, 2025: Washington Oakes service at 1 PM

Sunday, January 26, 2025: One service at 10 AM, followed by Annual Meeting



Wishing You a Happy and Peaceful New Year

Dear Trinity,

As we step into the New Year, I want to take a moment to wish each and every one of you a year filled with health, happiness, and peace. May 2025 bring you all the hope and joy you deserve.

While considering the tradition of New Year's resolutions, I'm wondering if they are worthwhile? Do we typically achieve what we set out to do? It's easy to set goals focusing on ourselves and personal growth, but let's be honest—changing habits is hard.

What if, this year, we shifted our focus from ourselves to how we relate to others? The true transformation might not come from tackling individual achievements alone, but from strengthening our connections and, committing to kindness and compassion in all that we do.

If each of us dedicates ourselves to improving how we treat one another and how we show up for our communities, I'm hoping we can foster a ripple effect of change. It is in our relationships, in how we connect and support each other, that we have the power to make the world a better place.

Let's make this year one of collective growth and shared purpose. May we find the strength to not only improve ourselves, but to be a source of light and love for others. Together, we can create a more peaceful, compassionate world.

With all my love,

Michelle Wheeler

Greetings Fellow Parishioners,



Holy Currencies - Cycle of Blessings

Our roles as children of God are to be part of the recirculation of resources so that all living things on earth may share God's abundance. Each parishioner has their own talents and contributes from what currencies they have in abundance. We are each invited to give within our abilities – even to tithe 10 percent of our income. There are five other currencies besides money that God has blessed us with: Gracious Leadership, Relationship, Truth, Wellness, and Time and Place.

Gracious Leadership is the ability to use skills, tools, models and processes to create gracious environments among existing members and externally with non-members.

Currency of Relationship consists of the internal (within our church/faith) and external (in our community/social/economic) networks of mutually respectful connections that leaders and members of a church have.

Currency of Truth is the ability to articulate individually and corporately the global/wholistic truth, both internally (church/global faith) and externally (neighborhood/town/nation).

Currency of Money is the exchange of tangible goods or currency of social or economic value.

Currency of Wellness is the state of being healthy physically, socially, economically, ecologically, and spiritually within a church, ministry, the neighborhood, town, city, nation, or the earth, especially as the result of deliberate effort.

Currency of Time and Place is the paid and volunteer time that leaders and members offer to the church or ministry; and the management and maintenance of the campus properties from which a church operates, along with other properties owned or accessed by the church.



The Cycle of Blessings is the dynamic exchanges of these six currencies, flowing inward to renew and strengthen internal relationships and increase gracious leadership capacity, and flowing outward to connect, discern the truth, and foster wellness in the wider community. When these currencies flow, regenerate and recirculate, we build sustainable missional ministry.

In 2024 Trinity Episcopal Church had a robust outreach ministry supporting the community. The Children's weekend food program is an ongoing ministry combining collaboration with others to provide to those that need a bit of help. Now and then our Food Pantry is a gift to others as well as the distribution of Holiday food baskets.

The Cycle of Blessings not only helps those that need help but helps ourselves in return. The Trinity Together Campaign was a success because the generosity of our faith community. Let us pray that this new year will bring us together to live and love as Jesus taught us.

Jarman Minar - Treasurer

January 2025 CHIMES



The work of Christmas begins

What a joy it was celebrating the busy, magical season of Advent and Christmas. I am grateful to all who participated in music and liturgy by beautifying our worship space, singing, serving at the altar, running tech/video so folks unable to be in person could join us, and all who took part (and helped with) in the pageant. While the elaborate and beautiful candlelight service with our choir and instrumentalists is something I cherish and look forward to all year, my favorite is the service where we get our young people into full participation.

It is my hope in 2025 that our Christian Education (with outstanding shepherding from Rachael Olsen Morgan Crosby and in particular) program will continue to full joy and energy in our church. What can each of us do to help make this happen?

Our choir will sing a beautiful setting of this poem on January 12, the Feast of the Baptism of Christ, the Sunday after Epiphany. Wisdom to reflect on – and challenge each of us in 2025.

When the song of the angels is stilled, when the star in the sky is gone,
When the kings and the princes are home,
when the shepherds are back with their flocks,
The work of Christmas begins:
To find the lost, to heal the broken, to feed the hungry,
to release the prisoner, to rebuild the nations,
to bring peace among people.....
to make music in the heart.

- Howard Thurman

CARNEGIE HALL EVENT

It was pretty much a marathon AND sprint for some of us who traveled to Carnegie Hall to sing Handel's MESSIAH on Dec. 1. A group of us flew to NYC Thanksgiving morning, and had 14 hours of singing in 3 days, culminating in a magical performance of the Mozart arrangement with some incredible musicians.... close to 300 performers. Rehearsal with Maestro Jonathan Griffiths was intense, focused and inspiring. (Our first rehearsal together was five hours long... without a real break!). Some of us stayed and enjoyed NYC (at a very crowded time), including Evensong at the famed St. Thomas 5th Avenue, the Lighting of the Christmas Tree at Rockefeller Center, with all kinds of heightened security due to the recent shooting (2 blocks from our hotel!), the 9-1-1 Memorial, some shows, and general Big Apple stuff.

CARNEGIE HALL, New York

View of the audience area through the front of the choir and orchestra.



Trinity choir group in front of Carnegie Hall L-R Wendy LaPrade, Jane Johnson, Eileen Bernat, Nancy Pates Riches, Duff Mason, David Spring, Joe Rochon, John Heberling, Ray Riches, Brandon Chisolm, Theresa Rose, Carolyn Carson



Nancy Smith with Maestro, Dr. Jonathan Griffiths



THINKING ABOUT JOINING the MUSIC MINISTRY? If singing, ringing with joy for the church, learning a new and very enjoyable skill, building friendships, and having something to really look forward to each week sounds appealing, now is a good time. The "Ordinary" time before Lent and Easter preparations begin is an ideal time for newcomers. Please contact us to find out more.

Comments? Questions? Suggestions? Please contact davidrspring@icloud.com or 206-261-0873 (call or text fine).

In gratitude, David Spring, Parish Music Director

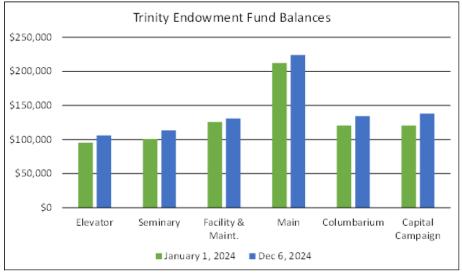
Trinity Endowment Funds

The total balance of the Trinity endowment funds on December 6, 2024 was \$846,803, up from \$775,067 on January 1, 2024 and up from \$727,190 on January 1, 2023. The total balance in the endowment funds as of December 6, 2024 is 7.6% higher than on January 1, 2024 and 16.5% higher than on January 1, 2023. The total return on the endowment fund portfolio, prior to withdrawals by the church and payment of investment fees, was 11.57% this year as of December 6, 2024.

So far this year, approximately \$20,400 has been withdrawn from the endowment funds for use by the church. About \$11,660 or 57% of this amount was withdrawn from the Main Endowment Fund, \$7,980 or 39% was withdrawn from the Facilities & Maintenance Fund and \$760 or 4% was withdrawn from the Seminary Fund. Approximately 5% of the Main Endowment Fund balance is contributed to Trinity's operating fund each year and up to \$9,000 can be withdrawn annually from the Facilities & Maintenance Fund for facility maintenance and improvement expenses. According to the Endowment Committee Bylaws, certain amounts can be withdrawn annually from the endowment funds for various purposes.

As of December 6, 2024, there was \$137,985 in the Capital Campaign Endowment Fund. This is only a portion of the total funds retained from the recent capital campaign. In addition to the amount in the Capital Campaign Endowment Fund, \$241,400 was held in the Capital Campaign checking account as of December 31, 2024.

The amounts in the endowment funds are invested with UBS Financial Services, Inc., and our UBS financial advisor is in Everett. A combination of equities (41%), fixed income (39%), other investments (18%) and cash (2%) make up the investments for our funds. The overall investment strategy is considered "Moderate" risk by UBS. The total balances in the endowment funds on January 1, 2024 and December 6, 2024 are shown in the following chart:



The Endowment Committee will be holding its next quarterly meeting with the UBS financial advisor on January 16, 2025, to review the status of the endowment funds and determine if any changes should be made in the investment strategy.

If you would like more information or if you would like to make direct contributions to any of the endowment funds, contact any of the members of the Endowment Committee: John Heberling (Chair), Betts Bell (Recording Secretary), Kevin Mack (Secretary), Don Stapleton and Linda Gabourel. Lorraine Dietel (Vestry representative), Jarman Minar (Trinity Treasurer) and Pastor Rachel (Rector) are non-voting members of the Endowment Committee. Evie Beard typically participates in the Endowment Committee meetings.

John Heberling, Chair



Hello Trinity Family,

What a wonderful Christmas Season we have had. I was disappointed that I came down with food poisoning December 23rd. It has never happened that I have had to miss all of the services at church. However, I watched on YouTube and was so happy that I could. Everything was just beautiful. I want to give a shout out to Altar Guild members. They did an outstanding job. I was so proud of all of them. Thank you, A.G. friends.

The Greening of the church went very well. Thank you to all who participated in this. It was a great success. The church really did look beautiful.

Our Stadium Flowers Fundraiser was a success again this year. Thank you to everyone who purchased flowers, wreaths, garlands and bows. The profit will go to the Church Operating Fund.

Another thank you goes out to Michael Gaynier, our communion bread maker. Michael comes to the church every Saturday and bakes. He is a skilled baker and is always willing to adjust and add what is needed to make out communion bread the best he can. We appreciate you, Michael.

I wish everyone a blessed New Year with a lot to look forward to and be thankful for.

Blessings, Kathy Crosby Altar Guild Director



KNIT. CROCHET. PRAY.

The Prayer Shawl Ministry had their monthly meeting on December 14 which was a week later than our usual 1st Saturday of the month. We discussed where to donate the hats for kids that we knit this year and decided to give them to the Assistance League of Everett, a charitable organization that operates a thrift store and uses their proceeds to support needy children with clothing, school supplies and other needs. We also set out the shawls for the Blue Christmas service and placed the rack in the Marion Chapel.

Our ministry celebrates 20 years here at Trinity this January. The Prayer Shawl Ministry began as an ecumenical movement in 1998 and started at Trinity after Kathleen Arnold Newman, Evie Beard and Marie Bond made plans for the first meeting in January 2005. To quote their record of the time, "the ministry developed a life of its own as others became excited about being a part of this way to express God's love and concern for others".

We welcome anyone interested in knitting or crocheting or just visiting our group to see what we are about. We have our regular first Saturday of the month meeting on January 4 at 10 am in the Guild Room or next month on February 1. All are welcome!

Barb Linvog, chairperson

The Best Wishes Crew

Greetings!

We have an opening on *The Best Wishes Crew*. If you like to send out greeting cards to the congregation, please get in contact with Karen Curtis. I am usually at the coffee hours or you can also call me at 425-280-7782.

This ministry can be done at your home; no in-person meetings.

Also, if anyone has has unused Birthday or Anniversary cards, we could always use them. Just bring them to me at the coffee hours or the Church office to Dianne McCormack.

T hank you everyone for the donated cards!

Karen Curtis Chair, The Best Wishes Crew

Leadership Team

Vestry

Daniel Bauer (class of 2024) - CO-JUNIOR WARDEN Gwen Gentry (class of 2024) EMPTY SLOT (class of 2024) Lawrence Sylvester (class of 2024) - CO-JUNIIOR WARDEN

Eileen Bernat (class of 2025) Bill Walker (class of 2025) Richard McGee (class of 2025) Joe Rochon (class of 2025)

Kathy Crosby (class of 2026) Lorraine Dietel (class of 2026) Debi Schmidt (class of 2026) Michelle Wheeler (class of 2026) - SENIOR WARDEN

Diocesan Convention Delegates and Alternates 2023

Diocesan Convention 2024: there will be two Diocesan Conventions is 2024. The first will be held on Saturday, May 18, 2024; the purpose will be elect a Bishop for the Diocese. The second will be held in-person on Friday and Saturday, October 25-26, 2024.

Convention Delegates

Kathy Crosby (class of 2024) Gwen Gentry (class of 2024) Jerry Carson (class of 2025) Carolyn Carson (class of 2025)

Convention Alternates

Morgan Crosby (class of 2024) Lawrence Sylvester (class of 2024) John Heberling (class of 2025) Betsey Mullen (class of 2025)

Endowment Committee Members

John Heberling, Chair (2023-2025) Betts Bell (2023-2025) Kevin Mack (2022-2024) Don Stapleton (2022-2024) Linda Gabourel (2024-2026)



January Birthdays:

Linda Bond	1/2
Daniel Bauer	1/2
Don Olin	1/5
Desmond Pullen	1/7
Betts Bell	1/7
Em Malmevik	1/7
Chris Kurtz	1/12
Khrystal Fryberg	1/13
Henry Cenatiempo	1/13
Kirsten Zenie	1/15
Vickie Simpson	1/17
Grant Weed	1/22
Lorelette Knowles	1/24
Jordyn Nason	1/24
Donna Pflomm	1/25
Nick Fuchs	1/26
Caroline Bayles	1/27
Kathy Crosby	1/31
Alan Oslin	1/31

January Anniversaries:

Brian & Michelle Wheeler	1/10 (27 years)
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Julie Amdal & Pat Grodt	1/19 (12 years)
Linda Gabourel & Yuan-Po Tu	1/19 (34 years)
Jerry & Carolyn Carson	1/23 (9 years)
Marianne Everly & Chris Kurtz	1/24 (24 years)
Blake & Kathryn Prettyman	1/25 (22 years)
Robert & Kathy Crosby	1/30 (37 years)

Our Core Values

(Vestry Retreat 2016)





CONTACT US

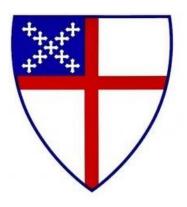
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